

Di Sopra

Ristorante

DAIRY ALLERGIES MENU

BRUSCHETTE

Pomodoro (V)**	£4.95
Toasted slices of homemade bread topped with diced tomatoes, garlic, oregano and olive oil	
Pomodoro Tonno	£5.95
Toasted slices of homemade bread topped with tomatoes, tuna, red onions, garlic and olive oil	
Piccante (Hot)	£5.95
Toasted slices of homemade bread topped with roasted peppers, spicy sausage, garlic, chilli, oregano and olive oil	

ANTIPASTI

Guazzetto di Pesce	£9.95
Fresh mussels, clams and crevettes, sautéed with garlic, white wine parsley and tomato sauce	
Funghi Trifolati (V)**	£6.95
Wild mushrooms medley, sautéed with garlic, white wine and parsley on a toasted slice of homemade bread	

FOCACCIA (V)

Focaccia all'aglio (V)(VE)	£4.95
Garlic, olive oil and parsley pizza bread	
Focaccia con Pomodoro (V)(VE)	£5.95
Tomato dices, garlic, olive oil and parsley pizza bread	

PASTA

Linguine, Penne, Rigatoni, with any of the following sauces:

	Starter	Main
Ndjua e Olive (Hot)	£7.95	£8.95
Sautéed with onions, Ndjua sausage, spicy sausage, olives and tomato sauce		
Piccante (Hot)	£7.95	£8.95
Sautéed with garlic, pancetta, spicy sausage, chilli and tomato sauce		
Al Ragu' Bolognese	£7.95	£8.95
Sautéed with Bolognese sauce		
Ortolana (V)(VE)	£7.95	£8.95
Sautéed with garlic, Mediterranean roasted vegetables basil and tomato sauce		
Napoli (V)**	£7.95	£8.95
Sautéed with garlic, tomato and basil		
Arrabbiata (Hot)(V)(VE)	£7.95	£8.95
Sautéed with garlic, chilli, tomato sauce and parsley		

GRATINATI

Gnocchi al Pomodoro (V)(VE)	£7.95	£8.95
Potatoes gnocchi oven baked with Napoli sauce.		

RISOTTO

Risotto ai Funghi (V)**	£10.95
Risotto with garlic, wild mushrooms, Truffle mix and parsley	
Risotto di Mare (Hot)	£13.95
Risotto with garlic, mussels, mixed seafood, tomato sauce and chilli oil	
Risotto Contadina	£10.95
Risotto with onions, garden peas, pancetta, saffron and white wine	

PIZZA

(no mozzarella)	9"	12"
Vegetariana (V)**	£7.95	£9.95
Tomato, artichokes, olives and mixed roasted vegetables		
Prosciutto e Funghi	£7.95	£9.95
Tomato, ham and mushrooms		
Diavola (Hot)	£7.95	£9.95
Tomato, fresh chilli and spicy sausage		
Capricciosa	£7.95	£9.95
Tomato, ham, peppers, artichokes onion and mushrooms		
Americana (Hot)	£8.95	£9.95
Tomato chicken, pancetta, spicy sausage, onions and chilli		
Pescatora	£8.95	£9.95
Tomato, garlic, shelled mussels and mixed seafood		
Calabrese (Hot)	£8.95	£10.95
Tomato, Nduja sausage, spicy sausage, peppers, chilli oil		

ANY ADDITIONAL TOPPINGS £1 each

FOOD ALLERGIES

PLEASE NOTE some of these items are modified to suit your needs and if ordered from the normal menu may contain milk, butter or cheese. Please ALWAYS inform a member of our staff when ordering.

(Hot) is very spicy, (V) is suitable for Vegetarians, (VE) suitable for Vegans, ** can be made vegan, N contains nuts. We use modified GM Refined Soya bean oil in most of our dishes.



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DAIRY ALLERGIES MENU

• PESCE •

Served with mixed salad, OR roasted vegetables

(extra side dishes will be charged accordingly)

Salmone al Forno

Grilled salmon steak with garlic, cherry tomatoes and white wine

£14.95

Pescespada alla Siciliana (Hot)

Seared swordfish steak sautéed with garlic, olives, tomato sauce and a touch of chilli

£14.95

• ALLA GRIGLIA •

Served with mixed salad, OR roasted vegetables

(extra side dishes will be charged accordingly)

Also with trimmings

(grilled onion, tomatoes and mushrooms)

OR choose your sauce to be served on top:

FILLET (Weight approx. 9oz)

£25.95

MEDALLIONS (Weight approx. 9oz)

£22.95

SIRLOIN (Weight approx. 11oz)

£20.95

ALLE ERBE (garlic, oregano, rosemary, sage, butter and white wine)

• POLLI •

Served with mixed salad, OR roasted vegetables

(extra side dishes will be charged accordingly)

Pollo Cacciatora

Grilled chicken breast sautéed with garlic, olives, chilli, oregano, rosemary, white wine and tomato sauce

£12.95

Pollo alla Romana

Grilled chicken breast sautéed with onions, peppers, white wine, oregano and tomato sauce

£12.95

• PANE E CONTORNI •

Pane e olio (2 People Serving) (VE)

Home baked rustic bread with Italian style oil dip

£2.95

Insalata Mista (V)***

Mixed salad with olive oil

£3.95

Insalata di Pomodori (V)***

Tomato, onion and basil salad with balsamic glaze and olive oil

£4.50

Caponata di Verdure (V)(VE)

Roasted vegetables and aubergines tossed with garlic and tomato sauce

£4.50

Verdure (V)(VE)

Roasted mediterranean vegetables

£3.95

• DOLCE E GELATO •

We have a choice of homemade desserts served with cream (+£1.50 with ice cream)

or Italian Ice Cream

please see our blackboard.